# ADDITIONAL UPPER PENINSULA MENTAL HEALTH PROVIDERS

## **ACCESS PSYCHOLOGICAL \*+**

118 N Main S. L'Anse, MI 49946

Phone: (906) 228-8881

Contact: S. Georgie Field, Cheryl Field,

Tonya Truesdale <a href="https://accesspsych.net/">https://accesspsych.net/</a>

#### BARBARA KETTLE GUNDLACH SHELTER

P.O. Box 8, Calumet, MI 49913 Phone (906) 337-5623 No fee, For Issues Related to Domestic Violence. https://bkgshelterhome.org/

# COPPER SHORES COMMUNITY OUTREACH

400 Quincy St. 5th Floor, Hancock, MI 49930

Phone: (906) 523-5920

& SUPPORT +

info@coppershores.org FEES: Sliding Scale

https://www.coppershores.org/

#### **GREAT LAKES RECOVERY CENTERS \*^+**

Behavioral Health/Substance Abuse Services 100 Malton Rd, Suite 7 & 8, Negaunee, MI 49866 Phone: (906) 228-9696 or (855) 906-4572 Provides substance abuse services for persons over 12,& behavioral health services for all ages.

https://www.greatlakesrecovery.org/

#### **KEWEENAW COUNSELING SERVICES \*^+**

902 Razorback Dr. Suite 5, Houghton, MI 49931

Phone: (906) 281-9999 Contact: Kyle Duquette

https://keweenawcounselingservices.com/

#### PUBLIC COUNSELING SERVICES \*^+

47431 HWY M-26, Unit 1, Ste 2, Houghton, MI 49931 Phone: (906) 523-717 Contact: Meghan Immel <a href="https://www.publiccounselingservices.com/">https://www.publiccounselingservices.com/</a>

## **CENTER FOR STUDENT MENTAL HEALTH**

**AND WELL-BEING** (For MTU Students only)

301 Administration Building

1400 Townsend Dr. Houghton, MI 49931

Phone: (906)487-2538

https://www.mtu.edu/well-being/

#### NORTH COAST COUNSELING SERVICES\*+

300 Dunstan St, Hancock, MI 49930 Phone: (906) 523-5580/(888) 227-9884

Contact: Tim Payment

http://northcoastcounselingservices.com/

#### TRUE SELF MENTAL HEALTH \*^

920 W. Water Street, Hancock, MI 49930

Phone: (906) 422-6772

Contact: Kristin Babakitis, LPC

FEES: \$125-\$150

https://www.trueselfmentalhealth.com/

## UNITÈ MENTAL HEALTH AND WELLNESS

1014 College Ave, Houghton, MI 49931

Phone: (906) 523-7064

https://www.unitewellness.org/

## **UPPER GREAT LAKES FAMILY HEALTH CENTER \*^+**

Behavioral Health for individuals

Phone: (906) 483-1705 (various locations)

FEES: Sliding Scale <a href="https://uglhealth.org/">https://uglhealth.org/</a>

## LAST FRONTIER COUNSELING

Seneca Location Rd, Mohawk, MI 49950

Phone: (906) 934-2590

FEES: Sliding Scale <a href="https://lastfrontiercounseling.com">https://lastfrontiercounseling.com</a>

## VA (Veteran Administration) Clinic- Hancock

787 Market St. Suite 9, Hancock, MI 49930

Phone: (906) 482-7762. Ext. 33111

https://www.va.gov/iron-mountain-health-care/

#### FRESHWATER COUNSELING SERVICES ^\*

920 W. Water St. Suite 302, Hancock, MI 49930

Phone: (906) 205-0777

https://freshwatercounseling.org/

#### **KEWEENAW BAY INDIAN COMMUNITY**

16429 Beartown Rd, Baraga, MI 49908

Phone: (906) 535-6623

## **CAUGHT DREAMIN' THERAPY, LLC**

1025 W Washington St, Ste. B, Marquette, MI 49855

https://www.caughtdreamintherapy.com/

\*TELEHEALTH OPTIONS AVAILABLE\*

#### **FUNCTIONAL BEHAVIOR SERVICES \*^+**

(AUTISM SERVICES)

2353 Badger St, Marquette, MI 49855

Phone: (906) 273-1121 <a href="https://fbsmi.com/">https://fbsmi.com/</a>

#### **NORTHCARE NETWORK**

Substance Use Disorder Services

Phone: (906) 225-7222 or (800) 305-6564

#### **PHOENIX HOUSE**

Substance Use Services Phone: (906) 337-0763

https://www.phoenixhouse.com

| Private Providers                   | Phone Numbers  |
|-------------------------------------|----------------|
| Cheney, Sarah, LMSW +               | (906) 281-5558 |
| Collins, Thomas, LMSW, CAADC *+     | (906) 482-9440 |
| Philip, Selin, Ph. D., LPC, NCC     | (906) 205-1188 |
| Lanala, Ann, LMSW +                 | (906) 395-1788 |
| UP Medical Group- Behavioral Health | (906) 449-1600 |

(\*) Accepts UPHP Medicaid & MIChild- UP Health Plan Members may call 1-800-835-2553 to inquire about providers. (^) Accepts Blue Cross/BlueShield. (+) Provides services for children.

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## www.upresource.org

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Food, Housing, Goods, Transit, Health, Money, Care, Education, Work, Legal.

## 211

How it works: Call, Text or Online Chat. Website: https://www.mi211.org/

Hours: 24 Hours a day, 7 days a week. <a href="https://www.mi211.org/about-2-1-1/text-chat">https://www.mi211.org/about-2-1-1/text-chat</a>
Phone: Dial 2-1-1 or 844-875-9211 Language: 180 + languages available.

Text: Text your zip code to 898 211.

## Grief

Grief Support Meetings

Omega House- Cynthia Drake at 906-370-6686

3rd Thursday of the month, 5-6 PM

Individual Grief Support

Contact Cynthia Drake at 906-370-6686

## School-based Services

Please contact your individual school to see what services are available.