COPPER COUNTRY COMMUNITY MENTAL HEALTH SERVICES BOARD

Wednesday, October 26, 2022 5:00 PM

CCMHS Institute 900 W. Sharon Avenue Houghton, MI 49931

MINUTES

ROLL CALL: Richard Bourdeau, Roy Britz, Katherine Carlson-Lynch, Randy Eckloff, Gale Eilola, Julie Farmer, Barry Fink, Richard Herrala, Dr. Kathleen Johnson, Mike Koskinen, Pat Rozich, and James Tervo.

ABSENT: None.

OTHERS: Mike Bach, Dawn Gibson, Leslie Griffith, Susan Serafini and Angela Cline.

CALL TO ORDER: The meeting was called to order at 5:00 PM.

Those in attendance stood for the Pledge of Allegiance.

Approval of Agenda

MOTION: by Mr. Koskinen, seconded by Mr. Herrala, that the agenda be approved with no additions, deletions, or amendments, as presented. Motion carried unanimously.

Approval of Minutes of September 28, 2022 Meeting

MOTION: by Mr. Koskinen, seconded by Mr. Herrala, that the Minutes of the September 28, 2022 meeting be approved with no additions, deletions, or amendments, as presented. Motion carried unanimously.

Treasurer's Report for September 2022

<u>MOTION</u>: by Mr. Rozich, seconded by Mrs. Fink, that checks numbered 66363 to 66662 in the amount of \$2,030,756.69 and Combined Cash Investments Report for September 30, 2022 totaling \$11,547,113.31 are accepted and placed on file. YES: Bourdeau, Britz, Carlson-Lynch, Eckloff, Eilola, Farmer, Fink, Herrala, Johnson, Koskinen, Rozich, and Tervo.

Comments from the Public

There were no comments from the public to note.

Chairperson's Report: James Tervo, Chairperson, presented the Chairperson's Report.

Baraga County Memorial Hospital Update – "Behavioral Health Needs"

Baraga County Memorial Hospital (BCMH) CEO, Rob Stowe, and BCMH Trustee, Bill Menge, presented to the Board to raise awareness about some mental health projects happening at BCMH. The first is that they have executed a signed three-year agreement with Avel, a telehealth partner that will provide 24-7 coverage for their emergency department. Avel will assess patients with private insurance and will be able to assist the

emergency department physicians with medication management while patients are in the emergency department. They are currently in the process of credentialing the providers and are hoping to start at the beginning of the new year. The second project is to add a Masters Prepared Counselor to their rural health clinic who will begin soon. Lastly, BCMH is exploring a program that several other facilities in the area have, Seniors Group Therapy Deliverable, and is teaming up with Senior Life Solutions who run group therapies specifically for seniors. Up to ten seniors will attend therapy sessions at the hospital, three days a week for a couple of hours, will be provided with a meal, and can graduate from the program by meeting specific criteria. Bill Menge stated they need help with funding from CCMHS and would like to discuss this. Rob Stowe stated he will come back to the Board in the spring with an update about the program. The Board thanked Rob and Bill for attending.

NorthCare Governing Board Meeting – October 14, 2022 – Mr. Tervo stated the October NorthCare Governing Board meeting went well and NorthCare discussed budgets of some of their contracts.

CMHAM Annual Fall Conference Report – Mr. Tervo stated the first speaker was Farah Hanley, MDHHS Chief Deputy Director for Health. Also present was a branch of the Michigan State Police, behavioral threat assessment and management team, and a presentation on alternatives to people waiting in emergency departments. Overall, the conference was good and there were several in attendance from the U.P.

<u>Director's Report:</u> Mike Bach, Executive Director, presented the Director's Report.

Quality Improvement Program Report – 4th Quarter FY 2022 – Mrs. Fink presented the Quality Improvement Program Report for the 4th Quarter of FY 2022. Mike Bach stated the mental health code requires mental health boards to regularly review quality improvement and CCMHS has a committee that does this. The purpose is to evaluate what we are doing, make sure services are effective, and gather data to continuously improve what we are doing to ensure individuals are receiving the best care.

Recipient Rights Advisory Committee Report – October 25, 2022 – Mr. Herrala, Ms. Farmer, and Ms. Carlson-Lynch presented the Recipient Rights Advisory Committee Report from October 25, 2022.

Contracts – FY 2023 – Mike Bach reviewed contracts for FY 2023 and stated the contract with Holley Makela is to provide daytime coverage for Acute Services. The contract with GT Independence is for when a family hires non-CCMHS staff, they can use Medicaid money but it requires a fiscal intermediary. There are three snow plowing contracts and a change to the contract with Beacon Specialized Living Services, Inc., which is a downstate residential services facility.

<u>MOTION</u>: by Ms. Carlson-Lynch, seconded by Dr. Johnson, that the Board approves the FY 2023 contracts for Holley Makela, GT Independence, John D Construction, Keweenaw Auto Body, Northend Construction, and Beacon Specialized Living Services, Inc., as presented. Motion carried unanimously.

Finance Director, Susan Serafini, stated in August the Board approved Northern Auto as the lowest bidder to replace ten of the agency's minivans. Since then, Northern Auto has informed us they are unable to secure the vehicles, and the agency would like to work with Big Valley Ford to obtain as many vans as possible, as they cannot guarantee all ten vans.

MOTION: by Mr. Koskinen, seconded by Ms. Carlson-Lynch, that the Board approves bids from Big Valley Ford for the purchase of up to ten minivans, as presented. Motion carried unanimously.

CMHAM FY22/23 Membership Dues – The invoice for the CMHAM FY 22/23 Membership Dues was provided in the Board packets. The membership dues have increased by \$253 from FY 21/22 for a total of \$10,925.

<u>MOTION</u>: by Mr. Rozich, seconded by Mr. Koskinen, that the Board approves the CMHAM FY 22/23 Membership dues in the amount of \$10,925 for FY 22/23, as presented. YES: Bourdeau, Britz, Carlson-Lynch, Eckloff, Eilola, Farmer, Fink, Herrala, Johnson, Koskinen, Rozich, and Tervo.

Health Insurance Premium Cost Sharing – Mike Bach stated every year Management recommends the Agency continue the 80/20 premium share split for health insurance. The board is required to make a decision regarding the premium share prior to a renewal in the health insurance policy.

MOTION: by Mr. Herrala, seconded by Mr. Eilola, that the Board approves the continuation of the 80/20 premium share split for health insurance, as presented. Motion carried unanimously.

Cash Investment Allocation

Susan Serafini stated once a year we provide the cash investment allocation as an informational item to the Board to show where our funds are being invested. It is very restricted as to what we can invest in. This is managed through the Trust Department at Superior National Bank.

Sheriff Department Payments for Inpatient Hospitalization Transports – Mike Bach stated the agency is not required to provide Sheriff Departments with payment for inpatient hospitalization transports, and may not always be able to, but due to the overall health of the General Fund, CCMHS was able to budget \$95,000 to transport our consumers. The funding is divided by proportion; the more transports provided, the higher the percentage each Sheriff Department receives.

<u>MOTION</u>: by Mr. Herrala, seconded by Mr. Eckloff, that the Board approves the Sheriff Department payments for inpatient hospitalization transports, as presented. Motion carried unanimously. YES: Bourdeau, Britz, Carlson-Lynch, Eckloff, Eilola, Farmer, Fink, Herrala, Johnson, Koskinen, Rozich, and Tervo.

Updates

Mike Bach stated the after-hours crisis assessment contract with Delta T has gone very well. Initially, there were some billing issues to be worked about, but were minor. Individuals are receiving good assessments and the technology is doing well.

There have been some COVID-19 changes at the agency after receiving guidance from many other agencies. CCMHS does not fall under any guidance as nursing homes do and has asked other CMH Directors and licensing about it. The agency will continue its screening process. There will not be any surveillance testing, but we will test any staff who have symptoms, and also on day 6 after a close contact. The agency will continue with hygiene procedures and signage. Masking will become optional in most situations, such as walking through the buildings or going to a meeting, and this will include in the group homes. The exception is where there is a positive case in a group home. These changes will begin on October 31, 2022 and a letter is being sent out to all consumers.

Minutes of CCMHS Board Meeting 10/26/2022

The agency has been able to fill the open Employment Coordinator/Case Manager and nurse position. There are still openings for 20 full-time Direct Care Staff (DCS) and 10 relief staff. Clinical staff are still needed in Outpatient. The ACT Team Coordinator and daytime Acute Services position also remain open.

The Rice Memorial Clinic Foundation Board met on October 5, 2022 to review their investment strategy. The Board decided to continue with an income-based, rather than growth-based, strategy. Their current portfolio continues to make income and due to the volatility of the current economy, the Board did not want to make any changes at this time.

Farah Hanley, MDHHS Chief Deputy Director for Health, met with the U.P.'s CMH CEOs. She was very surprised with how rural the area is which is a reason to question if it is a necessity to have a children's mobile crisis unit in the U.P. The CEOs also gave her feedback about continuous initiatives from MDHHS when our agencies already do not have enough staff. There are some positives that MDHHS has initiated, and the CEOs thanked her for that.

Finance Director's Report: Susan Serafini, Finance Director, presented the Finance Director's Report.

Financial Statements for September 2022

Susan Serafini reviewed the preliminary Revenues and Expenditures by funding source report as of September 30, 2022. Overall, the agency continues to be in a very strong financial position. There are excess funds and savings under NorthCare from last year which will roll over into the next year. Up to five percent of General Fund funds can also be carried over into next year. The agency was able to help with funding to the Sheriff's Department for inpatient hospitalizations transport. Susan Serafini reviewed the Balance Sheet as of September 30, 2022. The total cash at the end of September 2022 was \$11,547,113.31, which is a decrease of \$203,110.25 compared to the end of August 2022 of \$11,750,223.56. September had three payrolls so the decrease in cash was anticipated. The total net income of all funds through September 2022 is \$1,141,883 compared to \$1,033,677 at the end of August 2022, which is an increase of \$108,206. The General Fund is reporting net income of \$826,464 which is an increase of \$68,492 compared to the end of August 2022. The Institute has been running at a loss for most of the year but as some of their projects are completed, they will be very close to breakeven. Susan Serafini reviewed the General Fund's Income Statement. Revenues are under budget by 3.8%, however, with Medicaid and Heathy Michigan, the agency does not recognize those funds as income until an expense is reported. Expenditures are 7.68% under budget. Anderson, Tackman, & Co., PLC will be onsite for two weeks in January. The Board thanked Susan for her report.

Finance Committee Meeting Minutes – September 28, 2022

<u>MOTION:</u> by Mrs. Fink, seconded by Mr. Herrala, that the Minutes of the September 28, 2022 Finance Committee meeting be approved with no additions, deletions, or amendments, as presented. Motion carried unanimously.

Old / New Business

Mr. Tervo stated Mike Bach asked about the Board's desire to begin meeting again in the Boardroom at the Rice Memorial Center instead of at the Institute. The Board unanimously agreed to meet at the Rice Memorial Center beginning December 14, 2022.

Adjournment

MOTION: by Ms. Carlson-Lynch that the meeting adjourn. The meeting was declared adjourned by Chairperson Tervo at 6:14 PM.

James Tervo, Board Chairperson

Michael Koskinen, Board Secretary

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