

## **COPPER COUNTRY COMMUNITY MENTAL HEALTH SERVICES BOARD**

Wednesday, October 30, 2019 5:00 PM

Rice Memorial Center

901 W. Memorial Drive

Houghton, MI 49931

### **MINUTES**

**CALL TO ORDER:** The meeting was called to order at 5:00 PM.

**ROLL CALL:** Richard Bourdeau, Zach Edgerton, Barry Fink, Dr. Kathleen Johnson, Albert Koskela, Mike Koskinen, Catherine Paavola, Pat Rozich, James Tervo and Jacquelyn Treadeau.

**ABSENT:** Sandra Gayk.

**OTHERS:** Mike Bach, Dawn Gibson, Dr. Tim Kangas, Cari Raboin, Susan Serafini and Angela Cline.

#### **Approval of Agenda**

**MOTION:** by Mr. Koskela, seconded by Mr. Koskinen, that the Agenda be approved with the addition of two items, "*Reclassification of Assistant Team Leader Position to Residential Team Leader*" and "*CMHAM FY 19/20 Membership Dues*" and the deletion of one item, "*Corporate Compliance Training*", which will be tabled to the December 2019 meeting, as presented. Motion carried unanimously.

#### **Approval of Minutes of September 25, 2019 Meeting**

**MOTION:** by Mr. Koskela, seconded by Mr. Koskinen, that the Minutes of the September 25, 2019 meeting be approved with no additions, deletions or amendments, as presented. Motion carried unanimously.

#### **Treasurer's Report for September 2019**

**MOTION:** by Mr. Koskinen, seconded by Mr. Koskela, that checks numbered 58007 to 58234 in the amount of \$1,266,370.32 and Combined Cash Investments Report for September 30, 2019 totaling \$9,612,404.45 are accepted and placed on file. YES: Bourdeau, Edgerton, Fink, Johnson, Koskela, Koskinen, Paavola, Rozich, Tervo and Treadeau.

#### **Comments from the Public**

There was no public present and therefore no comments to note.

**Chairperson's Report:** Pat Rozich, Chairperson, presented the Chairperson's Report.

**NorthCare Governing board Meeting – October 9, 2019** – Mr. Rozich stated the NorthCare CEO Report was provided in the Board packet for review and asked Board members to pay attention to the item on page 6, "*Integration is poorly defined*" under the section, "*System Redesign*".

**CMHAM Fall Conference Report** – Mr. Rozich stated he attended the Chairperson’s meeting before the conference and was amazed to see a gentleman from southwest Michigan who spoke about CMH’s not supporting PIHP’s and stated that in some areas there are people working in opposition of the PIHP’s. He also attended the workshop “MC3 Link for Adolescents with Depression and Anxiety”, a Michigan collaborative care program session and will be sharing the information with Institute Director, Taryn Mason. Some of the facts provided included that 25% of children in Michigan live in poverty, 28% of children in Michigan have two or more Adverse Childhood Experiences (ACEs), and it takes three to four months for a child to see a Child and Adolescent Psychiatrist (CAP). He also attended “*Social Determinants of Care*” by Dennis Morrison, PhD, which tells you what these effects are going to have on your physical and mental health as you grow and mature as well as your accomplishments in the future. “*How Not to Screw Up Our Last Best Chance*” was regarding changing the addiction treatment system of the future. The last presenter was Corey Waller, a principal at Health Management Associates, who talked about our current medical system and how he feels it is a failure.

Mrs. Treadeau stated she attended four workshops that touched on the youth and found them all very interesting. Two of the presenters worked in the juvenile justice system in Oakland County. She also attended “MC3 Link for Adolescents with Depression and Anxiety” where local physicians can link to a Psychiatrist, if they have a child in their office presenting with behaviors, and coordinate with them. The session regarding ACEs was informational and overall the conference was fantastic.

Mr. Tervo stated he attended the workshop “Beyond Emergency Departments: Innovations in Efficient, Person-Centered, Cost-Effective Emergency Psychiatric Care” which talked about on-call Peer Support Specialists that go into larger hospitals and how this would be a great thing because they could help talk someone down in the hospital because they can relate. He also attended “Certified Community Behavioral Health Clinics: Our Journey to Integrated Health Care” and “School Based Behavioral Health: Reducing Stigma and Increasing Access to Care in Rural Michigan” and thought about how great it would be to get school social workers back into the schools for kids that are struggling. Mr. Tervo stated it was a very good conference.

**Director’s Report:** Cari Raboin, Executive Director, presented the Director’s Report.

**Dr. Tim Kangas, NorthCare CEO** – Mr. Rozich asked Dr. Kangas with 298 now being in the shadows, what is going to be next? Dr. Kangas responded he believes that there will be some form of multiple pilots attempting different things but the problem is that the Michigan Department of Health and Human Services (MDHHS) is going through its own restructuring because of the new administration. They wanted to put the Behavioral Health and Developmental Disabilities Administration (BDHHA) under physical health within the department and that is something he and his peers aggressively argued against. The Governor wanted to elevate mental health services in the State government and what the department is presenting will de-elevate that. Dr. Kangas stated the argument is that MDHHS feels PIHP’s cost too much money but they only have 2% administration costs compared to 20% for many of the health care plans. He feels as a PIHP, they can manage the physical healthcare better.

Dr. Kangas stated this year revenue allocation was changed in the State based on risk factors for the population, so the mental health budget went up between \$2 million and \$4 million and each PIHP was supposed to get an increase. NorthCare’s Finance Director projected that NorthCare would get a

modest increase, but what they received was less than what they projected. This is problematic and the amount of money going to the CMH's is going to be smaller than what they thought it would be. Dr. Kangas stated his understanding is that there is some variation and it may straighten out.

Dr. Kangas stated he wanted to compliment Executive Director, Cari Raboin and all staff at CCMH for an exceptional job well done. He reviewed CCMH's site survey and the score was 98.7% and stated that doesn't happen by accident and is a result of an excellent job done by staff. The Behavioral Treatment Committee team at CCMH also does an excellent job in reporting and at their clinical meetings and he is very pleased with that. The Board thanked Dr. Kangas for coming to tonight's meeting.

### **Corporate Compliance Training**

This item has been tabled due to the Corporate Compliance Officer's absence.

### **MRS Cash Match Agreement**

Cari Raboin stated this is an agreement we enter each year with Michigan Rehabilitation Services (MRS). They provide vocational services to our consumers to help them find employment in the community. The Agency provides a local match contribution of \$8,000 and MRS provides \$21,630 for a total funding of \$29,630.

**MOTION:** by Mr. Tervo, seconded by Mrs. Fink, that the Board approves the MRS Cash Match Agreement, as presented. Motion carried unanimously.

### **Contract Renewal(s)**

Cari Raboin reviewed three contract renewals with the Eisenhower Center, Jaclyn Davis, a Substance Abuse Prevention Coalition Coordinator, and Case Management of Michigan, Inc. There were no changes to the levels of the three contracts.

**MOTION:** by Mr. Koskinen, seconded by Mr. Koskela, that the Board approves three contract renewals with the Eisenhower Center, Jaclyn Davis, and Case Management of Michigan, Inc., as presented. Motion carried unanimously.

### **Reclassification of Assistant Team Leader Position to Residential Team Leader**

Cari Raboin stated we recently had a staff member pass away who was the Program Manager for MI services and the direct supervisor of Rice House. It was determined that the Assistant Team Leader at Rice House should be a full time Team Leader to directly supervise those staff and allow more time for the supervisor of the entire program to do other things. This will involve a slight increase in cost.

**MOTION:** by Mr. Koskela, seconded by Mrs. Paavola, that the Board approves the reclassification of the Assistant Team Leader position to a Residential Team Leader, as presented. Motion carried unanimously.

### **CMHAM FY19/20 Membership Dues**

Cari Raboin stated the invoice for the CMHAM FY 19/20 Membership Dues was provided tonight. The membership dues have increased by \$194 from FY 18/19 for a total of \$10,188.

**MOTION:** by Mr. Koskela, seconded by Mr. Tervo, that the Board approves the CMHAM FY 19/20 Membership renewal and dues in the amount of \$10,188 for FY 19/20, as presented. YES: Bourdeau, Edgerton, Fink, Johnson, Koskela, Koskinen, Paavola, Rozich, Tervo and Treadeau.

### **Recipient Rights Advisory Committee Report - October 8, 2019**

Mrs. Paavola presented the Recipient Rights Advisory Committee (RRAC) Report and stated Sarah Rousseau was welcomed as the new Recipient Rights Officer as Tracy Jaehnig has taken a position as Corporate Compliance Officer at CCMH. The committee also welcomed Kimberly Ison, Recipient Rights Advisor. The committee voted to move future meetings to 1:00 PM so that a committee member can continue attending. It was noted there were four deaths due to natural causes and there were less incidents compared to the last two fiscal years. The BTC six-month report was not available. Sarah Rousseau reviewed the Progress of 2019 Objectives which included providing Rights training for recipients, other training opportunities being provided to the RRAC by Joe LeVeque and MDHHS Office of Recipient Rights, and the goal of hiring a Recipient Rights Advisor at 30 hours per week was completed and has since become a 40 hours per week position. The committee reviewed the State RRAC Minutes and agency policies and procedures.

### **Updates**

Cari Raboin stated she and Institute Director, Taryn Mason, are working with the producer of the film "Coming Up for Air" to get the full film and we will begin to offer viewings in January 2020. Michigan Tech University will also show it.

Cari Raboin stated we have a number of open positions including, an Autism Manager, a Board Certified Behavior Analyst (BCBA), a Youth Peer Support and Adult Peer Support Specialist, a MI Program Manager and a custodian. Training for new employees starts this week and there are five full-time and eight part-time staff in that group.

Cari Raboin stated there are currently 14 individuals on the waiting list. Over the past fiscal year, because of the increase in General Fund and the ability to hire another Outpatient clinician, we were able to serve 104 more people than we wouldn't have been able to in the past. Cari Raboin stated she spoke with the Outpatient Director about lowering the severity scale to take more individuals off the list, but there have been so many intakes that we have to hold off on that. We received confirmation that General Fund has gone up \$116,000 since last year but we have to keep in mind staff capacity levels and will slowly take individuals off the waiting list as we can. Cari Raboin stated she will meet with management to discuss how best to use the increase in funds.

Cari Raboin stated regarding health insurance, the new prescription plan helped out quite a bit so that there was a decrease in cost for prescriptions and with the rates for Blue Cross Blue Shield being slightly higher, the Agency was about break-even and the premiums were even a little less for staff.

Cari Raboin stated the Ontonagon County Clerk will put out another ad for all of their board vacancies, including an Ontonagon County Board member for CCMH, in the next couple of weeks and hopefully we will receive some applications as a result.

### **Cash Investment Allocation**

Susan Serafini stated once a year we provide the cash investment allocation as an informational item to the Board to show where we are investing. This is managed through the Trust Department at Superior National Bank and they look for the best rates for us.

**Finance Director's Report:** Susan Serafini, Finance Director, presented the Finance Director's Report.

Susan Serafini stated the report as of September 30, 2019 is very preliminary and it is looking very good as we are going into the close of year end. We continue to run a surplus of Medicaid of \$1,401,511.94. Healthy Michigan continues to be underfunded and is running a deficit of \$265,558.77. NorthCare will cover this shortfall. Susan Serafini reviewed the Balance Sheet as of September 30, 2019. The total cash at the end of September 2019 was \$9,612,404.45 which is an increase of \$162,413.34 from August 2019. The total net income of all funds through September 2019 is \$783,973 compared to \$799,019 at the end of August 2019 for a decrease of \$15,046. The General Fund is reporting net income of \$537,091 at the end of September 2019 compared to \$538,344 at the end of August 2019 for a decrease of \$1,253. We received \$116,000 increase to the State General Fund. All internal service funds at year close end will break even with the exception of the Employee Benefit Fund. We will close with over \$200,000 net income. Susan Serafini reviewed the General Fund's Income Statement. The revenues would have a variance of 100% to be right on budget. The One-Time Pay Adjustment has not been factored into the numbers yet as it is done as an accrual prior to the final close. Expenditures are running 9% under budget for the same reason, as the accrual for the One-Time Pay Adjustment has not been done. We are over budget in Community Inpatient for Adults but otherwise are in very good shape for closing. The auditors will be here the week of November 18, 2019 and will be doing field work and will return in January for a week and a half doing the financial and compliance audit at the same time. The Board complimented Susan for a job well done and thanked her for her report.

Susan Serafini stated the Department of Treasury did approve the corrective action plan regarding Public Act 202. The information was provided in the Board packet.

### **Executive Committee Meeting Minutes – September 25, 2019**

**MOTION:** by Mr. Tervo, seconded by Mrs. Paavola, that the Board approves the Minutes of the September 25, 2019 Executive Committee meeting, as presented. Motion carried unanimously.

### **Finance Committee Meeting Minutes – September 25, 2019**

**MOTION:** by Mr. Koskela, seconded by Mrs. Fink, that the Board approves the Minutes of the September 25, 2019 Finance Committee meeting, as presented. Motion carried unanimously.

**Old / New Business**

Mr. Rozich asked Cari Raboin to thank the Northern Lights Clubhouse for their newsletter as they do a great job and he really enjoys reading it.

**Adjournment**

**MOTION:** by Mr. Koskela, seconded by Mr. Koskinen, that the meeting adjourn. The meeting adjourned at 6:24 PM.

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Pat Rozich, Board Chairperson

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Michael Koskinen, Board Secretary

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