



# Shooting Star

NORTHERN LIGHTS CLUBHOUSE

April 2018

## Employment Dinner

By Genine P. & Billie Jo

Northern Lights Clubhouse has had very positive success with it's Employment Dinners. The dinners are scheduled the third Tuesday of each month at 4:00 P.M.

All members are welcome to attend. Members working, interested in work or curious about employment are especially encouraged to be there. Members have an opportunity to share working experiences, ask questions, bond and seek support from working members.

Our Employment Dinners are organized by the Employment Committee and expedited by members. Members complete tasks such as, creating flyers & sign-up sheets, mailing out announcements, contacting speakers for presentations, meal planning, shopping, cooking, and creating scripts for the Master of Ceremony.

At the dinners we've had speakers from Michigan Rehabilitation Services, Michigan Works, and CLK Rotary Club. At other dinners we've had member testimonials, watched training videos, and participated in interactive group activities. We were also happy to have the Copper Country Community Health Board visit us.

We're always looking forward to our next experience at the Northern Lights Employment Dinners.

## Our Copper Country Humane Society Cyber Pets By Tammy R.

For several years the Northern Lights Clubhouse has sponsored many dogs at Copper Country Humane Society (CCHS). People at the clubhouse donate \$20 dollars per month for keeping up the dog. The money also helps pay for the adoption fee. We sponsor the dogs until they are adopted.

Haley was one of our last dogs that we sponsored. She's smart and full of power. She gets along well with all kinds of people. So, I guess that's why she got adopted so fast.

The CCHS got us a new dog to sponsor. His name is Flip. He's playful, lovable and full of energy. We heard he likes to play with a rag stuffed mouse. We will see him in a few weeks when we visit the CCHS if he's still there.



Flip, NLCH's Cyber Pet

CONGRATULATIONS!  
MEMBER OF THE MONTH

HAPPY BIRTHDAY

**February 2018**



*Brett W.*

April Birthdays

14th Jessica
1st Ray      21st Dennis
3rd Ashley      27th Charles
12th Brett      29th James

What I Like About Clubhouse

By Billie Jo Harvey

I like to be with people and friends.

I like to talk to Staff and Members too.

I like to get help from other people.

I like to work with Genine on the Northside.

I like to answer the phone at the Reception Desk.

I like to help with the Newsletter.



Easter  
By Casey L.

Easter is a Christian Holiday, that celebrates the belief in the resurrection of Jesus Christ. Easter always falls on Sunday. It happens that, funny enough, it falls on “April Fools Day” in 2018.

Although a holiday of high religious significance in the Christian Faith, many traditions associated with Easter date back to Pre-Christian, Pagan times. ([history.com/topics/holidays/history-of-easter](http://history.com/topics/holidays/history-of-easter))

Even though I’m an adult my Mom still gives my Sister and I an Easter Basket on Easter Day. In the evening, my family eats A ham dinner with all the trimmings!

### Summer Dream

*By Joann E.*

The grass so green

The Sun so bright

Life seems a dream

No worries in sight

**ONE DAY AT A TIME:**  
*“Whatever day your facing, think of a goal for that day.”* Fred H.

**TE Announcement:**

- ◆ Transitional Employment opportunity at CCMH in Administration: Shredding Technician
- ◆ Available near the end of May, 2018
- ◆ Up to 12 hours per week for 6 months
- ◆ Talk to Clubhouse Staff for more information or if interested

Going to the Chalet  
by Brooke C.

Me, Jessica, Billie Jo, Tammy, Keith and Doug H. all went to the Chalet at Mt. Ripley. It was a beautiful day and a lot of people were skiing and snowboarding.

I enjoyed the weather and the food I had. I also enjoyed visiting with friends. The burger was good! I hadn't had a burger in a long time.

It was also relaxing to watch people ski. I'd like to go again sometime.

**Upcoming Social & Recreational Events**

April 4th  
 Waterfront  
 Restaurant

April 11th  
 Ojibwa  
 Casino

April 18th  
 Humane  
 Society

April 25th  
 Movie  
 Night

**Employment Dinner—April 17th @ 4:00**



## Tax Day

By Jessica K.

Tax Day takes place on April 15<sup>th</sup> of each year, it is also one day after my birthday. "Tax Day is a colloquial term for the day on which individual income tax returns are due to the Federal Government." Emancipation Day is part of the reason we do our taxes, it celebrates Washington D.C.'s Compensated Emancipation Act, which president Abraham Lincoln signed on April 16, 1862.

Many people are not fond of Tax Day, but it is required among most Americans. It helps the U.S. Government. A majority of taxes are spent on Medicare and Medicaid. We are in debt and need taxes to compensate for the debt we are in. So, although it is not liked by many, it does help out with what needs to be done to help our economy grow.  
(Wikipedia.com)

### Sign-Up for the Northern Lights Clubhouse Newsletter!

If you are not currently receiving the Northern Lights Clubhouse Newsletter by email, would you enjoy getting it monthly?

Simply drop us a line at:

[NorthernLightsClub@gmail.com](mailto:NorthernLightsClub@gmail.com)

Please include in your subject line the words "**NLC Newsletter sign-up**".

You will have delivery of the NLC Newsletter into your Inbox monthly.

## Chicken & Broccoli Alfredo

Prep/Cook Time: 20 minutes

- ½ package **uncooked** linguine (8 ounces)
- 1 cup fresh or frozen broccoli flowerets
- 2 tablespoons butter or margarine
- 1 pound skinless, boneless chicken breasts, cubed
- 1 can (10¾ ounces) **CAMPBELL'S® Cream of Mushroom Soup or 98% Fat Free Cream of Mushroom Soup**
- ½ cup milk
- ½ cup **grated** Parmesan cheese
- ¼ teaspoon freshly ground pepper

7. Prepare linguine according to package directions. Add broccoli for last 4 minutes of cooking time. Drain.

2. In medium skillet over medium-high heat, heat butter. Add chicken and cook until browned, stirring often.

3. Add soup, milk, cheese, pepper and linguine mixture and cook through, stirring occasionally. Serve with additional Parmesan cheese.

Makes 4 servings

"Simple & Delicious"  
From Alicia H.

CHICKEN & PASTA

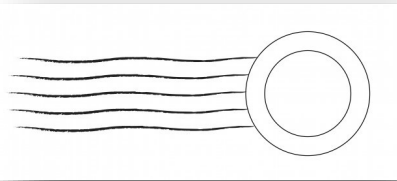
Campbell's 1-2-3 Dinner

### Newsletter Contributors

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From the Kitchen at Northern Lights Clubhouse

# April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 CLOSED	2 BBQ Pork Sandwich	3 Burritos	4 Chicken & Broccoli Alfredo	5 Lasagna	6 Buffet Day	7 Cheeseburger
8 CLOSED	9 Soup & Sandwich	10 BLT	11 Baked Fish	12 Meatloaf	13 Buffet Day	14 Egg Salad Sandwich
15 CLOSED	16 Hot Dog	17 Cheesy Ham & Potatoes	18 Tater Tot Casserole	19 Chef Salad	20 Buffet Day	21 Peas Soup & Ham
22 CLOSED	23 Grilled Cheese & Soup	24 Chicken Cordon Bleu	25 Sloppy Joe	26 Pasty Pie	27 Buffet Day	28 Sub Sandwich
29 CLOSED	30 Spaghetti					