



Shooting Star

NORTHERN LIGHTS CLUBHOUSE

October 2018

NLCH September Employment Dinner

By Alicia H.

Our Guest Speaker for the September 2018 Employment Dinner was Dawn Gibson. She works with Human Resources and has been for 25 years. She is the director of Human Resources with our Auspice Agency, Copper Country Mental Health. She has held many different positions in her 25 years in Human Resources.

There is a lot going on within the walls of Human Resources. Human Resources takes care of everything related to employment.

There are many responsibilities involved with this. Some are developing job descriptions, advertising and recruiting for jobs. Another is interviewing for jobs. They have to do background checks as well as fingerprinting. Yet further responsibilities are payroll and coordinating employee benefits. These benefits include health insurance, which involves

making sure people have help keeping their jobs if family or personal health problems arise.

Human Resources also helps answer questions for staff. They also have the responsibility of developing policies to comply with State Legislation and Laws.

Copper Country Mental Health covers four counties, Houghton, Baraga, Ontonagon, and Keweenaw. They employ about 260 personnel.

When recruiting staff from outside the area, they have to sell people on living in Upper Michigan which is sometimes difficult because some might not want to shovel 360 inches of snow every year! But, they can usually get people that realize Michigan is more than the snow.

Dawn said that she enjoys working in the Human Resources Department because she can interact with all people who work for the agency, in many different situations.



Group Placement at Calumet Theatre

By Keith S.

Northern Lights Clubhouse recently partnered with Calumet Theatre for a Group Placement. This partnership gives more members opportunity to work paid jobs in the community. Once per month, a team of three members and a staff go to do special cleaning projects at the theatre.

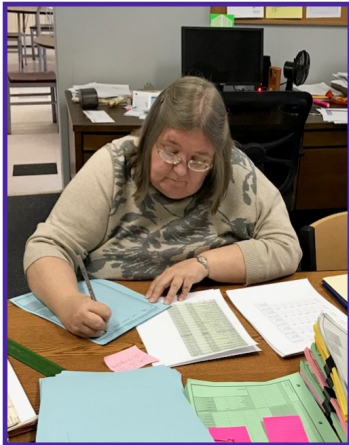
Tammy, Francis, Cheryl and JoAnn are all working on a rotating basis. Other interested members that don't have other jobs and would benefit from more support than what is provided for independent jobs are welcome in the future.

This partnership is a true win-win situation where the Calumet Theatre gets a valuable service and Northern Lights Clubhouse members get great jobs!

CONGRATULATIONS!
MEMBER OF THE MONTH

HAPPY BIRTHDAY

August 2018
Tina



October
Birthdays



Oct 4th Sara Y

Oct 9th Kathy F

Oct 17th Andy

Oct 22 Ed C

Oct 23 Doug H

Oct 31 Sara F

Coffee, God's Delight

By Dan L.

Dream the impossible of God's delight
Can't find the sugar when fixing it right.

Look in the kitchen

What a sweet tooth by night.

Add the coffee cream usually white.

Once in awhile we look for more coffee

Clutching and drinking abroad

We seek friendships of power today

Looking back at coffee on a bright summer clear day.

Bye—Bye

A Witches Spell

By Casey L.

It was a dark night.
 Too dark,
 I don't like the dark.
 The witch came out of nowhere.
 I fear magic.
 On this occasion,
 I tried to run,
 I couldn't move,
 The spell was too strong!



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A Scary Grizzly Experience

A fictional story by Casey L.

Oh no, not the woods! I don't like the woods, nor camping. I fear dangerous animals like bears and wildcats. This occasion happened in the 80's. My friends were playing in my two story playhouse. I was in my parents house. Oddly enough, this was in the daytime and bears aren't usually out in the day. I clearly heard growling as if my dad was asleep snoring. My brother and I shared a room upstairs. Luckily I am a sound sleeper. Anyway, we had to call animal control to get the Grizzly. What a scary experience that was!

Halloween

By Casey L. (www.history.com/topics/halloween/)

Halloween is an annual holiday celebrated each year on October 31, and Halloween 2018 occurs on Wednesday, October 31. It originated with the ancient Celtic Festival of Samhain, when people would light bonfires and wear costumes to ward off ghosts.

In the Eighth Century, Pope Gregory III designated November 1 as a time to honor all Saints, and soon all Saints Day incorporated some of the traditions of Samhain. The evening before was known as All Hallows Eve, and later Halloween. Over time Halloween evolved into a day of activities like Trick-Or-Treating.


I started Trick-Or-Treating when I was about two years old. My first costume was a "Puppy" costume. I wore this costume until it no longer fit me. Other costumes I wore were Hobo, Zombie-Army Soldier, and Freddy Krueger. My favorite horror film is "A Nightmare on Elm St." I stopped Trick-Or-Treating in my late teens. Now, I'm too old to Trick-Or-Treat. Instead, I hand out candy at my parent's house in Lake Linden. I also buy a bunch for myself to eat!



“APPRECIATE—Be kind to someone anytime!”

Fred H.

TE Announcements:

 Brett & Ben are enjoying their TE jobs. Brett at CCMH & Ben at Culver’s!

Transitional Employment opportunity:
♦ Dining Room Attendant at Culver’s will be available at the end of November! Up to 16 hours per week for 6 months. Talk to Clubhouse Staff if interested.

Fishing by Jessica K.

Every so often, the clubhouse goes on fishing trips. Me, Brooke and Alicia all went fishing in Lake Linden. Scott caught a fish and no one else did. We bring worms for the trip. We get our poles ready and cast them. Fishing requires a lot of patience. We also find fishing to be very relaxing. As we fish, we talk about our time together and how much fun we are having. Occasionally we’ll go to Copper Harbor to fish. So far on our trips, Scott and Brooke were the only two people that caught fish. Brooke caught a Sunfish and Scott caught a small fish. Fishing is one of our favorite activities to do as a social outing. On the last two fishing trips, no one caught anything, Clayton, Brooke and I all went to Copper Harbor. We hope to catch a fish sometime in the future.



Upcoming Social & Recreational Events

Color Tour
Copper Harbor
October 3rd @ 3:00

Color Tour
Covered Road @ 4:00

Ojibwa Casino
October 17th @ 3:30

Mineshaft Bowling
October 24th @ 4:00

Halloween Party
October 31st
11:00—2:00

Scary Movie Night
October 31st @ 4:00

NOTICE: Clubhouse is open for socialization on Saturdays from 9:00—2:00. Lunch is served.

Employment Dinner—October 16th @ 4:00

Root Beer Pie

Here's what you will need:

Yields: 1 pie

- * 8 oz heavy whipping cream
- * 12 oz root beer
- * 1/4 cup milk
- * 1 box vanilla pudding mix
- * 1 graham cracker crust

From BuzzFeed.com

Directions:

Mix the root beer, milk, and pudding mix until thick. Beat the heavy cream until stiff peaks form, and fold into the pudding mixture. Pour into prepared graham cracker crust, and freeze for four hours or refrigerate overnight. Enjoy!



**"From the
Recipe collection of
Alica H."**

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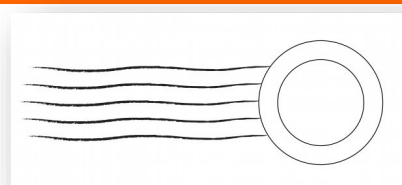
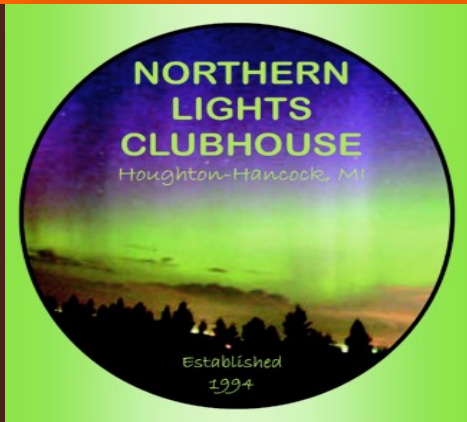
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NorthernLightsClub@gmail.com

Please include in your subject line the words "**NLC Newsletter sign-up**".

You will have delivery of the NLC Newsletter into your Inbox monthly.

Happy
Halloween






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Lunch Menu—October 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------------------------|---------------------------------------|------------------------------|----------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| ◆ Menu is subject to change. | 1 BLT's & Fries | 2 Speedy Salisbury Steak | 3 Tortellini with Salmon Ricotta Sauce | 4 Pork Loin Roast | 5 Buffet Day | 6 Potato Soup & Ham Sandwich |
| 7 CLOSED | 8 Kielbasa Cabbage Soup & Dinner Roll | 9 Country Chicken & Gravy | 10 Stuffed Shells | 11 Pork Parmigiana | 12 Buffet Day | 13 Breakfast |
| 14 CLOSED | 15 Chili | 16 Homemade Pizza | 17 Pasty Pie and Slaw | 18 Beef Stroganoff | 19 Buffet Day | 20 Fish Sandwich & Onion Rings |
| 21 CLOSED | 22 Tacos & Rice | 23 Ginger Mushroom Chicken | 24 Tater Tot Casserole | 25 Spaghetti and Garlic Bread | 26 Buffet Day | 27 Chicken Sandwich with Chips |
| 28 CLOSED | 29 Grilled Cheese & Potato Soup | 30 Glazed Pork Chop & Apples | 31 Sub Sandwiches & Chips |  |  |  |