# COPPER COUNTRY COMMUNITY MENTAL HEALTH SERVICES BOARD

Wednesday, November 1, 2017 6:00 PM
Rice Memorial Center, Boardroom
901 West Memorial Drive
Houghton, MI 49931

## **Meeting Minutes**

CALL TO ORDER: The meeting was called to order at 6:04 P.M.

ROLL CALL: Pat Rozich, Richard Bourdeau, Richard Herrala, Michael Koskinen, Tom Tikkinen, Zach Edgarton

ABSENT: James Fyfe, Jim Tervo, Kathleen Johnson, Barry Fink, Sandra Gayk

OTHERS: Vicki Mikkola, Susan Serafini, Dawn Stromer, Sylvia Wentala, Sarah Rousseau

#### Approval of Agenda

MOTION: by Mr. Koskinen, seconded by Mr. Herrala that the agenda be approved as presented. Motion carried unanimously.

### Approval of Minutes of September 29th, 2017 Meeting

**MOTION:** by Mr. Koskinen, seconded by Mr. Herrala. The motion to approve the minutes was approved unanimously.

#### Treasurer's Report for September 2017

MOTION: by Mr. Herrala, seconded by Mr. Bourdeau. All voted in favor to approve the September Treasurer's Report by a roll call vote.

Corporate Compliance Training – Diane Bennett reviewed information about shared health information for the coordination of care, the importance of maintaining privacy (HIPPA) to prevent stigma and discrimination, and the consent forms that have been recently modified for that purpose. (See handout for summarization of training) Pat Rozich, Richard Bourdeau, Richard Herrala, Michael Koskinen, Tom Tikkinen, Zach Edgarton were present and completed the training.

#### Comments from the Public-

Sylvia Wentala from the Great Lakes Recovery was present and explained the Offender Success Program. Their aim is to raise awareness, develop a network of people and resources to help offenders who have completed their sentences and provide support for successful reentry into communities during parole. Sylvia will be attending meetings locally to garner support, raise awareness, and make connections to further assist the program and the individuals it serves. The board members (Mr. Rozich) expressed their interest and had supportive comments about the program.

### Chairperson's Report

MACMHB Fall Conference – October 23-24, 2017- Pat Rozich reported that the following issues/concerns were discussed at the statewide Chairpersons meeting at the MACMHB Fall Conference in Traverse City:

- 1. The uncertainty involving the 50-cent increase for direct care staff
- 2. The five-month delay of Autism Payments.
- 3. The 298 models moving forward. While the Kent CMH is known, the two other "volunteer" CMHs are not yet named and numerous issues are yet to be defined regarding the potential "volunteer" agencies, or agencies that might be convinced to volunteer. Numerous legal and policy concerns may very well extend this process for years.
- 4. With the level of confusion at the Federal level, extensive changes could be necessary when and if the congress acts.

Mr. Rozich also commented on a number of presentations he attended. A session on autism reviewed the progress being made in Michigan. There was little information presented on what is happening throughout rural Michigan, there was no data on the results of ongoing efforts, nor any attempt to discuss what practices are yielding success.

A session on <u>Community Inclusion</u> presented a review of the Basic Needs strategy being piloted in Southwest Detroit. This program, developed in Asia and Africa, is the first adaptation developed in the USA. Clinton-Eaton-Ingham CMH is leading the process. It is highly likely that this will become the model for developing inclusion that is real and effective on a long-term basis.

Malkia Newman presented Innovative Methods of Combating Discrimination and Stigma. Information on this model is available from the Oakland Community Health Network. Dr. Ken Urban presented Five Ways Boards Can Increase Success During Leadership Transitions. This is very timely for our board; a paper copy of the presentation was passed on to the Director that might be copied to all board members. The real lesson via Dr. Urban was that a board is most responsible for creating the opportunities for leadership success by understanding its responsibilities and avoiding micro-management. Alyson Beytien, the mother of three sons, all with Autism Spectrum diagnosis, presented an outstanding lecture on working with the people with autism to move them into independence and success. This was a heart wrenching presentation from a first-rate leader in real-life strategies. See her presentation if ever available!

Lastly, Dr. Jay Rosen of Health Management Associates reviewed nationwide changes across the healthcare landscape. This was a very eye-opening discussion of where the nation is going; this is the experience Michigan has begun. We can help to shape our future via constant involvement and well-informed dialogue.

NorthCare Governing Board Meeting – October 11th, 2017 -There is a search on for a new CEO. Bill Slavin will stay on until a replacement is found. The search will be facilitated by the Stang Decision Systems from Marquette. Mr. Slavin's report is included in your materials as usual.

Director's Report- Vicki Mikkola, Executive Director, presented the Director's Report.

Policy & Procedures - Vicki Mikkola presented 3 policies - 1 new policy and 2 to be rescinded.

**Data Quality (NEW)**— Susan Serafini created the policy to ensure that all data recorded by CCMH complies with documentation and reporting standards.

The Availability of Poison Control Number for Personnel and the Availability of Poison Control Number for Persons Served Policies are no longer required or useful.

**MOTION:** by Mr. Koskinen, seconded by Mr. Tikkanen. The motion was approved unanimously to approve the Data Quality policy and rescind the Poison Control Number Policy for Personnel and Persons Served.

**Contracts 2018-** Vicki Mikkola requested approval of 1 new contract and 2 renewals. The new contract is for residential services down state for a child. The renewals are to continue long-standing contracts with Goodwill Industries and Directions Unlimited.

**MOTION**: by Mr. Herrala, seconded by Mr. Beaudreau. The board voted unanimously to approve the contracts.

MACMHB 2018 Dues- The Board reviewed the information provided concerning the restructuring of the annual dues amount for membership in the MACMHB. Our dues have increase by \$40 this year.

**MOTION:** Richard H makes the motion to approve Tom T. seconded the motion to continue membership. Unanimously approved.

**Health Insurance Renewal-** Dawn Stromer presented the increase in premiums compared to last year. There are no other insurance companies that are viable options in the Upper Peninsula. Final rate increase for option A was just under 7% increase and Option B was just under 3 % increase.

Other Updates- from Vicki Mikkola stated that Chris VanArsdale, the Houghton County Emergency Manager, came in to do the final tabletop exercise with our supervisors on the "bridge incident" that was discussed at a previous meeting. This is the scenario where there is an explosion on the bridge and it is unusable for an unforeseen amount of time. We had some good discussions and the next steps now, for us, are to figure out how to do drills for something like this or other scenarios. Also, CMS has a new ruling coming into effect that requires CMHs to establish emergency plans that comply with the CMS rules, including region-wide or community wide exercises. We've been invited to a training in Marquette on November 14<sup>th</sup>, 2017 that will help us better understand the requirements and to participate in a table top exercise there that will meet one of the requirements for this year. Hopefully, with the work we've been doing, we are a little bit ahead of the game.

Cash: Investment Allocation- Susan Serafini provided an update of the agency's Certificates of Deposit the Board for review. Susan Serafini reported that we have very limited investment options under Public Acts. The CD's have better interest rates than our saving and trust accounts. One CD has a 10-year maturity; however, we can make an early withdrawal if interest rates increase. The penalty is equal to 6 months of interest and we would still come out ahead.

#### Finance Director's Report for September 2017

Revenue & Expense by Funding Source: Preliminary year end numbers through September 30,2017 are showing a Medicaid surplus of \$1,000,811 which is after covering the Autism shortfall and a Healthy Michigan surplus of \$389,249. We received \$100,000 General Fund dollars from Pathways as a section 236 transfer facilitated by MDHHS. Pathways received \$100,000 from our Medicaid allocation which still gives us \$1,000,000 excess Medicaid. With the additional GF, we only have a \$47,409 deficit to cover with local dollars. We are budgeting a One Time Pay Adjustment subject to the completion of our Financial audit.

Cash at the end of September is at \$8,906,935 compared to Aug \$8,556,067. The increase is due to the timing of Medicaid payments from NorthCare. On a combined basis, we are reporting a net income of \$76,064 compared to a loss of \$77,357 thru August. The \$153,421 improvement was mostly due to the 236 transfers. General Fund is now in the black showing net income. of \$38,714 compared to a net loss of \$87,799 at the end of August. All other funds are in good shape and will be as close to breakeven as possible when we close the year. The Income Statement reflects the final budget approved in September and allows for a one time pay adjustment.

Anderson Tackman will be here the week of November 6 to start the field work and start the full onsite audit the week of January 15.

# Executive Committee Meeting Minutes – September 26, 2017

**MOTION**: by Mr. Herrala seconded by Mr. Koskinen to approve the Executive Committee Minutes The motion was unanimously approved.

# Finance Committee Minutes - September 27, 2017

**MOTION:** by Mr. Herrala, seconded by Mr. Koskinen to approve the Finance Committee Minutes. The motion was carried unanimously.

### Old/New Business

None. It was noted that Dec. 13<sup>th</sup>, 2017 is the next meeting.

ADJOURNMENT: The meeting was adjourned at 7:17 P.M.

Motion: by Mr. Rozich to adjourn, seconded by Mr. Koskinen. The motion was unanimously approved.

Submitted by,

James Tervo, Board Chairperson