



You have the right to have your plan of service developed through a Person-Centered Planning process. This is a process that builds upon your ability to engage in activities that promote community life and that honors your preferences, choices, abilities, and culture. The Person-Centered Planning process involves family, friends, and professionals as you want or

**NEW REQUESTS FOR SERVICES:**

Call NorthCare Network Access and Eligibility toll free at:  
**1-888-906-9060**

**FOR EMERGENCY SERVICES:**

During business hours call:  
**(906)482-9404 or 1-800-526-5059**  
After hours call: **1-800-526-5059**

**AREA CLINICS:**

**Rice Memorial Center**  
901 West Memorial Drive  
Houghton, MI 49931  
Outpatient Services: (906) 482-9404  
Toll Free: 1-800-526-5059  
TDD/TTY: (906) 482-8037

**Rice Memorial Center–CLK Branch**  
56938 Calumet Avenue  
Calumet, MI 49913  
(906) 337-5810

**Baraga County Center**  
15644 Skanee Road  
L'Anse, MI 49946  
(906) 524-5885

**Ontonagon County Center**  
515 Quartz Street  
Ontonagon, MI 49953  
(906) 884-4804

**COPPER  
COUNTRY  
MENTAL  
HEALTH  
SERVICES**



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**Person-  
Centered  
Planning**

## PREPLANNING

Before the actual Individual Plan of Service (IPOS) meeting, you will discuss what Person-Centered Planning is all about with your mental health professional (therapist, Case Manager, Supports Coordinator).

You will decide:

- ✓ Who to invite to the meeting. You may choose friends, family, neighbors, employers, professionals, or simply choose to meet only with your mental health professional.
- ✓ Who should help run the meeting. Some options are: you; a trusted friend or family member; an independent facilitator (someone who is not employed by the Community Mental Health agency); your mental health professional.
- ✓ Where and when you would like to meet.
- ✓ What topics you do and do not want to talk about at the meeting.
- ✓ If there is anyone you do not want at your meeting.
- ✓ Any special accommodations that are needed.

## PERSON-CENTERED PLAN

Your Individual Plan of Service will:

- ✓ Focus on what you want and need to make your life better and to achieve your desired future, goals, and dreams.
- ✓ Honor your preferences, choices, abilities, and culture as much as possible when choosing services and/or supports.
- ✓ Provide an array of flexible services and supports to make things happen.
- ✓ Discuss other natural and community supports that can help you.
- ✓ Assist you in developing other connections for support if you want.
- ✓ Discuss health and safety concerns.
- ✓ Decide when the plan should be reviewed.

## FEEDBACK

Feedback on your Person-Centered Plan is important to determine:

- ✓ How the services and/or supports are working.
- ✓ How to make them work better for you.
- ✓ If you are making progress towards your goals.
- ✓ If you are satisfied with the services and/or supports.

You will decide, with your mental health professional, how often you want your plan formally reviewed. However, regular, informal feedback is important to make sure your plan is working. Changes can be made to your plan at any time.

Some services may fall within the responsibility of other systems (such as schools, other health plan, other state or county services). In this case, those systems will be identified, and referrals will be made to them.