

WHAT IS OBRA/PASARR?

Omnibus Budget Reconciliation Act/ Pre-Admission Screening Annual Resident Review.

In 1987 the Federal government passed a law called the Nursing Home Reform Act. This law created the OBRA/PASARR program.

This program is required by the Federal government and is carried out by the State of Michigan and Copper Country Mental Health.

The goal of the program is to help you receive the best care possible in the best place possible. OBRA/PASARR services are focused on your emotional well-being.

HOW AM I AFFECTED BY OBRA/ PASARR?

A social worker from your hospital or nursing home completes a questionnaire for everyone in the nursing home or applying for admission to a nursing home. The questionnaire asks six questions that help the social worker identify people who may need mental health services. The questions ask about emotional

history, medications that may be given to improve mood, symptoms that may show emotional difficulty and level of development. The questionnaire is completed once before admission to the nursing home and at least once every year after that.

If one or more of the six questions are marked “Yes”, the social worker at the hospital or nursing home will arrange a visit from the Copper Country Mental Health OBRA/PASARR team. This team includes a psychologist and a nurse. In some cases, an occupational therapist may also be involved.

The OBRA/PASARR team will begin an in-depth assessment which will include information about your health needs, social history, current concerns and emotional needs. The OBRA/PASARR team will include suggestions for your care and whether a nursing home is the best place to meet your emotional and physical needs.

WHAT HAPPENS AFTER OBRA/PASARR VISITS ME?

The OBRA/PASARR team will determine if you meet the criteria for a serious mental illness. If you do not meet the criteria for a serious mental illness the assessment will not be completed. If you do meet the criteria for a mental illness the assessment will be completed and sent to the Michigan Department of Health and Human Services in Lansing. The State OBRA/PASARR team will review the assessment and make a determination concerning your need for nursing home placement and mental health services. You will be notified of the determination by a member of the Copper Country Mental Health OBRA/PASARR team.

You will also receive a copy of the assessment and an Appeal form to be used if you disagree with the determination. Any questions you may have can be asked when the determination is delivered.

WHAT ARE SOME OF THE SERVICES OFFERED THROUGH OBRA/PASARR?

Some of the services offered may include:

- Pre-Admission Screening Annual Resident Review
- Individual Counseling
- Assistance in Managing Certain Medications
- Consultation with Nursing Facility Staff

WHAT IF I HAVE A CONCERN OR QUESTIONS ABOUT OBRA/PASARR?

If you need more information or have a concern about the OBRA/PASARR program or any services offered by the program, you may contact the Copper Country Mental Health OBRA Coordinator at **(906) 482-9400**.

If you feel your concern or question is not addressed, you may call the Recipient Rights Officer for Copper Country Mental Health at **(906) 482-9400**.

COPPER COUNTRY MENTAL HEALTH SERVICES



OBRA/PASARR Program

**Nursing Home
Evaluation
and
Mental Health
Consultation**