#### WHAT IS THE COMMUNITY SUPPORT PROGRAM?

The Community Support Program, otherwise known as CSP, is a program providing support services to individuals living in the community with a mental illness. These supports are provided in order to assist individuals toward recovery of their illness while being able to live at home and continue contributing to the community. CSP provides flexible, community-based services for people with a serious mental illness. Individuals, in conjunction with their clinician, design their support services to help them live successfully in the community.

# WHO IS ELIGIBLE FOR CSP SERVICES?

In order to be eligible for CSP services an individual must be:

- Receiving services from Copper Country Mental Health Services (CCMHS),
- ✓ Referred to CSP by a CCMHS staff member, and
- ✓ A person with chronic and persistent mental illness.

### WHAT SERVICES DOES CSP OFFER?

- Assistance with medication management.
- Assistance towards financial stability.
- Encouraging healthy lifestyles and personal care.
- Encouraging community membership and social networks.
- ✓ Transportation to Outpatient appointments.
- Skill development to maintain community living.
- ✓ Assistance in times of crisis.

#### HOW WOULD I BENEFIT FROM CSP SERVICES?

CSP services can help in a variety of ways. This assistance is determined by the choices and needs identified by you and your clinician. Perhaps you could benefit from medication deliveries in order to ensure your recovery? Maybe addressing a healthier lifestyle and personal care would speed your recovery? Has your recovery been hindered by inability to consistently see your clinician or psychiatrist? CSP services could be beneficial with these and other supportive services.

## HOW ARE CSP SERVICES ACCESSED?

Referral to CSP is determined by CCMHS staff during initial assessment, or by a Case Manager, therapist, or psychiatrist as needs warrant.

## WHAT IF I'M REFERRED TO THE CSP PROGRAM?

A clinician from CCMHS will coordinate a referral for CSP services. The clinician will also review with you which services CSP will provide. Following the referral, you will receive a call to set up an initial orientation with the CSP Supervisor. CSP staff will visit your residence with information on scheduled services.

#### **HOURS OF OPERATION**

The Community Support Program (CSP) operates seven (7) days a week from 8:00 a.m. to 9:00 p.m.

## QUESTIONS ABOUT CSP SERVICES?

Questions can be directed to your doctor, therapist, or Case Manager at one of the following telephone numbers:

> Rice Memorial Center (906) 482-9400

Houghton Outpatient Clinic (906) 482-9404

Baraga County Center (906) 524-5885

Ontonagon County Center (906) 884-4804 COPPER
COUNTRY
MENTAL
HEALTH
SERVICES



Community
Support
Program
(CSP)