

ON THE WEB AT:
www.cccmh.org

Peer Support Specialist (PSS) Services:

PSS Services are provided by individuals who are on their own recovery journey, who have a serious mental illness, and are now receiving or have received services from the public mental health system. PSS are hired to share their life experience and provide expertise to consumers that professional disciplines cannot replicate. They provide a wide range of services including health integration, assistance with benefits and housing, community inclusion, health education, and promoting recovery.

Wraparound: Wraparound is an individually designed set of services and supports provided to children with serious emotional disturbance and their families that includes treatment services, personal support services or any other supports necessary to maintain the child in the family home. The Wraparound plan is developed using a team approach including the youth, parents/guardians, involved service providers, and others whom the family identifies as supportive for attaining their goals. Wraparound services are a particularly effective approach in serving children served by multiple systems.

The Institute: Provides a variety of education, prevention, and training programs including: adolescent development, asset building, child development, community education, depression education, infant mental health, mental health training, parent education, stress management, substance abuse prevention, violence prevention, and youth social skill development.

FOR EMERGENCY SERVICES:

During business hours call:
906-482-9404 or 1-800-526-5059
After hours call: **1-800-526-5059**

NEW SERVICE REQUESTS:

Call NorthCare Network Access
and Eligibility toll free at:
1-888-906-9060 or 906-225-4433

AREA CLINICS

Rice Memorial Center
901 West Memorial Drive
Houghton, MI 49931
906-482-9400
Outpatient Services: 906-482-9404
Toll Free: 1-800-526-5059
TDD/TTY: 906-482-8037
e-mail: admindept@cccmh.org

Rice Memorial Center-CLK Branch
56938 Calumet Avenue
Calumet, MI 49913
906-337-5810

Baraga County Center
15644 Skanee Road
L'Anse, MI 49946
906-524-5885

Ontonagon County Center
515 Quartz Street
Ontonagon MI 49953
906-884-4804

The Institute
900 West Sharon Avenue
Houghton, MI 49931
906-482-4880
e-mail: institute@theinst.org



**COPPER
COUNTRY
MENTAL
HEALTH
SERVICES
PROGRAMS**

It is the mission of the Copper Country Mental Health Services Board to ensure that appropriate, cost-efficient, and quality behavioral health services are accessible to eligible persons in Baraga, Houghton, Keweenaw, and Ontonagon counties.

Copper Country Mental Health Services provides an array of services intended to increase independence, improve quality of life, and support community integration and inclusion of the persons served.

Assertive Community Treatment: The ACT Team provides services to individuals with severe and persistent mental illness. It offers a wide array of clinical, medical, or rehabilitative services during face-to-face interventions that are designed to assist individuals to live in the community, or help while transitioning to a more independent living arrangement.

Autism Benefit: This is a benefit to provide intensive Applied Behavior Analysis (ABA) interventions for children 0-21 years with the diagnosis of Autism Spectrum Disorder. ABA is a scientific approach to changing behavior and teaching skills and is internationally recommended for children with autism.

BRAVO: Provides support to people with intellectual/developmental disabilities so that they can live, work and play where they choose. These supports may include helping with personal business, grocery shopping, cooking, managing money, assisting at doctor's appointments, housekeeping, taking part in community events, and respite.

Case Management/Supports Coordination: Provides assessment, service planning, linking/coordinating, follow-up, and monitoring services to adults and children with mental illness and/or intellectual/developmental disabilities.

Community Support: A program for individuals with persistent mental illness, Community Support provides practical assistance at home and in the community with such things as medication management, money management, grocery shopping, and housekeeping.

Co-Occurring Disorders Treatment: Provides treatment to people with a combination of mental illness and/or intellectual/developmental disabilities and substance use disorder. This approach helps people recover by offering mental

health and substance abuse treatment together.

Emergency Services: Services are available 24-hours a day, 365 days a year to persons having a mental health emergency requiring immediate assistance. These services include crisis intervention, assessment, and pre-screening for hospitalization.

Home-Based Services: Designed to support and empower families who have one or more mentally ill children who are at risk for out-of-home placement. This array of services focuses on strengthening the family and utilizes prevention methods to help keep the child and family together.

Intensive Crisis Stabilization (ICS): ICS services are a short-term alternative to inpatient hospitalization or can also be used to provide additional support to allow earlier discharge from a hospital. These services are structured treatment and support activities provided by a team of mental health staff in a person's home or other community setting. Receiving treatment within the community, using a person's natural supports when available, helps to strengthen and promote independence and recovery.

Nursing Home Services (OBRA/PASARR): The OBRA Team works with area hospitals and nursing homes to identify and address the mental health needs of persons residing in long-term facilities.

Outpatient Therapy: Provides assessment and treatment services for adults with a severe mental illness or children with serious emotional disturbance. The type of help offered varies and may address family relationship problems, parent/child conflicts, interpersonal-social conflicts and symptoms related to depression, anxiety and other acute psychiatric problems. Services are provided at offices in Houghton, Calumet, L'Anse and Ontonagon.

Parent Support Partner (PSP): This service provides peer-to-peer support, education, and training to caretakers of children with a serious emotional disturbance. The primary goal is to empower families to move toward independence through skill-building interventions. The PSP helps empower families to access and obtain resources in the community, partner with service providers, and increase their confidence in parenting. The PSP draws from personal experience and knowledge to help engage families in the treatment process.

Psychosocial Rehabilitation: Northern Lights Clubhouse provides services to members using the Clubhouse Model. Members who are adults with a mental illness are involved in a work-ordered day to operate the Clubhouse. Focusing on members' strengths, talents, and abilities provides opportunities to increase independence in the community.

Residential Services: Group homes serve adults with intellectual/developmental disabilities and/or mental illness who require help with daily activities and a structured living environment. People receive assistance 24-hours a day from trained staff.

Skill Building: Programs provide services in a structured setting to people with severe mental illness and/or intellectual/developmental disabilities. Services assist the person to engage in meaningful activities and achieve goals of independence, community inclusion, and employment. These programs are available at the centers in L'Anse and Ontonagon.