
Northern Lights
Clubhouse
1027 Ethel Ave.
Hancock, MI 49930

Our Hours

Monday	8:00 am – 4:00 pm
Tuesday	8:00 am – 4:00 pm
Wednesday	8:00 am – 8:00 pm
Thursday	8:00 am – 4:00 pm
Friday	8:00 am – 4:00 pm
Saturday	10:00 am – 2:00 pm

Monday 10:00 House Meeting

Wednesday 4:00-8:00 outing or activity

1st & 3rd Thursday of the month
from 11:30 to 1:00 Friends and Family Day

Thursday 1:00 – 2:30 Errands

For information on
Clubhouse membership,
contact us at:

Phone 906.482.0741

Fax 906.482.0824

e-mail
nlhbus@charterinternet.com

Program Entrance
Criteria

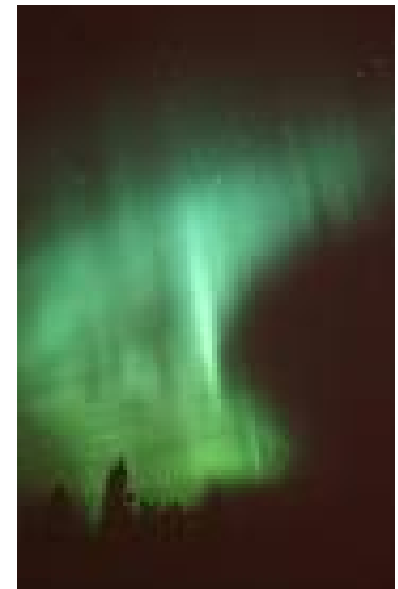
Psychosocial Rehabilitation services are available to any adult resident of Baraga, Houghton, Keweenaw and Ontonagon Counties, who has a diagnosis of serious mental illness. Members generally reside in semi – independent or independent living situations and usually require less than constant supervision. Membership is generally voluntary without time limits.

Entrance Admission Criteria:

- The person demonstrates desire for vocational and/or community training
- The person does not pose a significant threat to the general safety of the clubhouse community
- The person has a chronic mental illness or co-occurring disorders
- The person is 18 years of age or older

The Psychosocial Rehabilitation Coordinator makes all admission decisions, with input from the consumer and their treating clinician.

**Northern
Lights
Clubhouse**



A psychosocial rehabilitation program of
Copper Country Mental Health

What is Northern Lights Clubhouse?

Established February 1, 1994, Northern Lights Clubhouse is a program for people with mental illness. Northern Lights Clubhouse is based on an international model referred to as the “Clubhouse Model”.

Membership is voluntary and involves an effort between staff and members. The program is based on a “work ordered” day. Staff and members work side by side in various units that are vital to the operation of Clubhouse.

What does Northern Lights Clubhouse have to offer members?

- Social and Recreational Activities
- Employment and Education services
- Opportunities to challenge yourself
- Community volunteer opportunities

The four guaranteed rights of Clubhouse Members

- A right to a place to come.
- A right to meaningful relationships
- A right to meaningful work
- A right to a place to return

Member Comments

“Our Clubhouse helps members move beyond their illness by focusing on member strengths, talents and abilities, rather than symptoms.”

“It makes me feel productive and useful.”

It gives me meaningful relationships and adds structure to my day. It provides with a learning experience.”

“It keeps me from sitting and thinking about myself and my problems, and it’s a place to go and be with people.”

“Why do I come to Clubhouse? Well, because I like to reach my goals and work here. Also, I gain a lot of skills by coming here to Clubhouse.”

“To build job related experiences for getting a job in the community.”

Work Ordered Day—The Units

Kitchen Unit—Clubhouse members work along side staff in preparing a daily lunch. Skills members can learn are; cooking, food prep, meal planning, nutrition, kitchen hygiene, and grocery shopping.

Snack Bar—A meeting place for members to socialize and enjoy coffee, refreshments and snacks. Skills members can learn are; sales, customer service, inventory, stocking, merchandising, handling cash, cleaning.

Business Unit—Where business that is essential in running Clubhouse is Conducted. Tasks include; billing, attendance tracking, outreach, newsletter, filing, copying, book keeping, accounting, ordering, mailing, banking, and correspondence.

Maintenance unit— Work in this unit helps keep the Clubhouse, clean, safe and inviting. Tasks include; cleaning floors, windows and bathrooms, trash pick-up, taking care of plants and flowers, ensuring that Clubhouse is safe, and writing maintenance orders to make sure that the Clubhouse remains in good repair.