

COMMUNICATOR

Focus on: Support Groups

CCMH hosts an impressive number of support groups for consumers and community members on a variety of topics. Most of us aren't aware of these groups but the staff involved and the agency deserve recognition for the valuable services they provide to help our community. There are too many support groups for this newsletter so we will continue the list next month. If we have missed a group you are aware of, please let us know for next month's Communicator.

Ontonagon Multi-Family Group—1st Thursday of every month at the Ontonagon Center and run by **Outpatient staff**. This group supports families of people with a serious mental illness and is both an educational and a problem-solving group.

Grocery Shopping Group—run weekly by **CSP** staff in Houghton. This group teaches its members how to shop within a budget and make appropriate food choices for their individual needs.

Errand Group—run weekly by **CSP** staff. The purpose of this group is two-fold: help people get errands run and provide a chance for people to socialize.

Houghton & Calumet Men's & Women's Groups—run weekly by **CSP** for consumers in both locations. These groups target consumers who live in the community and may be isolated. Their intent is to connect people and build relationships. The groups do various activities determined by the members; for example, going for coffee, fishing or visiting a museum.

Weight Loss Surgery Support Group—Meets biweekly on Wednesdays at noon in the Outpatient Library at the Houghton Center for staff who have had, or are considering, weight loss surgery.

Co-occurring Disorders Group—meets bi-weekly and is run by a **member of the ACT team** for ACT consumers.

ACT Social Integration Group—meets weekly and run by the **ACT team**. Works with ACT consumers to help develop/improve social skills and community integration.

ACT Multi-Family Group—meets 1st Tuesday of the month at the Clubhouse and is run by **clinical staff**. They are also educational and problem-solving and this is an evidence-based practice group.

Employment and Volunteer Group—meets once a week for Clubhouse members and is run by a **Clubhouse staffer**. The focus is to help people recognize their strengths and skills to get ready for work and to support members who are already employed. They also focus on volunteering and making a difference in the community. Next week they have volunteered to do the spring yard work for Omega House.



Important dates to remember

July 12-14 MDCH On-site review with Jody Lewis

August 8-26 MDCH On-site reviews with all NorthCare CMH providers. Our specific dates will be announced later.



Thank you!

to all who participated in Casual Fridays this past quarter. We raised \$300 for the Barbara Kettle Gundlach Shelter Home! Great job!

Compliance CONNECTION

Compliance Chat

What every CCMHS employee should know about compliance -

Test your knowledge of Corporate Compliance.

Take this quiz and see how you do.

Match the correct answer to the question.

All employees should know the answers to each of these questions.

*Send the completed quiz to your Compliance Officer by **May 20th** and you will be entered in a drawing. There will be several prizes, so don't delay in getting your quiz in.*



PLEASE PRINT YOUR NAME AND WORK LOCATION WHEN SUBMITTING YOUR ENTRY.

NAME: _____

1. What is the name of the CCMHS document that provides guidance on doing the right thing? _____
2. What is an example of an issue to report to your supervisor or CCO? _____
3. What is the purpose of the metal gray boxes labeled "Corporate Compliance Concerns" located in each of CCMHS's office locations? _____
4. What is an obligation of every CCMHS employee? _____
5. Who is responsible for maintaining compliance within CCMHS? _____
6. What is one of the purposes of CCMHS's Compliance Program? _____

Match answers to correct questions

- a. To report concerns of possible wrongdoing or suspected violations of policies or regulations.
- b. Everyone
- c. To provide employees a mechanism to report a concern in writing anonymously (or not) to the Compliance Officer.
- d. Code of Ethics
- e. The billing for a service that is misrepresented or not accurately documented in a consumer's record in Elmer.
- f. To comply with all federal, state, and local laws and regulations that are applicable to agency operations.

Copper Country Mental Health Services is committed to providing quality services while maintaining excellence in ethical and legal standards.